



DAY MENU

ONLY AVAILABLE BETWEEN 12 & 5 PM

SANDWICHES

On white or granary

Made with Tandderwen bakery bread
(salad leaf garnish)

Chicken, bacon and tomato mayonnaise **£6.50**

Egg mayonnaise **£5.75**

Home cooked ham, Welsh cheddar and pickle **£6.25**

Tuna mayonnaise with balsamic leaf salad **£5.95**

Poached Salmon with lemon mayonnaise **£5.95**

Turkey Breast, Sage & Onion Stuffing **£5.95**



TOASTED PANINIS & BLOOMERS

with salad leaf garnish

Welsh Rarebit Bloomer **£6.25**

Tuna Mayonnaise and Cheese Melt **£6.85**

Chicken, mozzarella and pesto panini **£7.50**



JACKET POTATOES

Melted Welsh Cheddar **£5.95** Tuna Mayonnaise **£6.25**

Welsh Beef Chilli Con Carne **£6.50**

☆☆ PIZZA ☆☆

Made from our own hand rolled pizza dough

	(9")	(12")
Margherita	£9.25	£9.95
Classic cheese & tomato pizza		
Welsh Farmhouse	£9.95	£10.95
Home cooked ham & mushroom		
Hawaiian	£9.95	£10.95
Ham, cheese & pineapple		
American Hot	£9.95	£10.95
Pepperoni & jalapeño peppers		

Additional Toppings choose from:

Mushrooms, peppers, onions, pineapple,
sweetcorn or jalapeños

£1.25 **£1.50**

Ham, pepperoni, chicken or bacon

£1.50 **£1.75**

SIDES

Toasted Garlic Ciabatta **£2.95**

With melted cheese **£3.45**

Battered Onion Rings **£2.75**

Chips **£2.95**

Double portion Sharing Basket **£5.50**

Cheesy Chips **£4.25**

Sweet Potato Skinny Fries **£3.95**

Side Salad **£3.95**

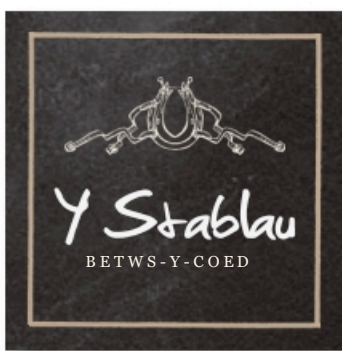
Homemade Coleslaw **£1.95**

Naan Bread **£2.95**

Nachos **£5.25**

with melted cheese, jalapeños, salsa and soured cream dip

OPEN 7 DAYS A WEEK
FOOD SERVED FROM MIDDAY



MAIN MENU

Y STABLAU BURGERS

All meat from local herds and flocks, exclusively supplied by O.E. Metcalfe, Llanrwst. All burgers served in local bakery brioche rolls, with salad leaves, relish, coleslaw and chips.

8oz Welsh Beef Burger **£9.95**

8oz Lamb Burger **£10.25**

Hot Chicken Burger **£10.25**

Chargrilled chicken breast and bacon

Welsh Dragon Burger **£10.25**

Chilli spiced beef burger with jalapenos

The Welsh Burger **£10.95**

8oz beef burger with Welsh rarebit topping

The Snowdon Burger **£15.95**

Climb it at your peril... 16oz of prime Welsh beef smothered with layers of Welsh rarebit

The Three Peaks **£19.95**

Only for the brave... The ultimate 3 tier burger 24oz of prime Welsh beef, bacon, Welsh rarebit and onion rings

ORIENTAL

Sticky Chilli Fillet Steak,

Pak choi and sesame seeds, steam rice **£12.95**

Grilled Salmon Fillet with Asian style noodles £12.95

Wok Cooked Curries

MILD, MEDIUM or HOT, WITH EITHER STEAMED RICE,
CHIPS OR HALF & HALF

Tikka Masala chillies, tomato, turmeric,
paprika, cumin, coriander, yoghurt

Green Thai green chillies, lemongrass, galangal,
coriander, coconut milk, Thai fish sauce

Chicken **£10.45** King Prawn **£12.95**

Mixed Vegetable **£9.95**

SALADS

(v) **Superfood Salad £9.50**

Quinoa, beetroot, roast pepper and chickpeas
with mixed salad leaves and grapes

Add Salmon or Chicken £13.95

Welsh Cheese Ploughman's £10.25

half pork pie and bread

DRINKS

Americano £2.65

Cappuccino single espresso, hot milk, foam **£2.80**

Latte hot milk, single shot of espresso **£2.85**

Espresso the classic Italian continental shot **£2.5**

Pot of Tea £2.25

Pot of Earl Grey £2.50

Hot Chocolate with Cream £2.95

Deluxe Hot Chocolate

with mini mallow and chocolate flake **£3.75**

Flavoured Latte

choose caramel, vanilla or hazelnut **£3.50**

Add an extra shot of coffee £1.75



CLASSICS

Chicken and Smoked Bacon Penne Pasta **£10.25**
Onions, mushrooms and white wine cream sauce

Homemade Beef Lasagne **£9.95**

Mixed leaf salad garnish

Half Roast Chicken **£10.50**

Chips, gravy, grilled tomato and mushroom garnish

Homemade Chilli Con Carne **£10.25**

With either basmati rice or nachos, jalapeños
and melted cheese

VEGGIE

Chickpea, Spinach and Tomato Curry **£9.25**

with rice (Vegan)

Mushroom and Vegetable Stroganoff **£9.25**

with basmati rice

FISH

Y Stablau Welsh Beer Battered Fish **£11.95**

Chips, tartare sauce and mushy peas

Whitby Wholetail Scampi in a Basket **£10.95**

Chips, mixed leaf salad and Marie Rose sauce

DESSERTS

Chilled New York cheesecake **£6.25**

Homemade fudge, salted caramel sauce,
fresh cream

Caramel Belgian Waffle **£5.95**

honeycomb ice-cream

Warm Chocolate Fudge Cake **£5.95**

Welsh double cream

Homemade Bread and Butter pudding **£5.95**

with custard

Chocolate Fudge Brownie Sundae **£5.75**

Mixed Ice Cream **£4.95**

CHILDREN'S MENU

Homemade Cheese & Tomato Pizza Slice **£5.25**

with chips

Battered Chicken Breast Pieces **£5.25**

with chips and peas

Sausage, Chips & Gravy **£5.50**

Ham & Cheese Penne Pasta **£5.50**

Chicken Tikka with Rice **£5.50**

Cold Ham, New Potatoes & Peas **£5.50**

Fish Fingers, Chips & Peas **£5.50**

Cheese Omelette **£5.25**

Yoghurt Pot **£1.25**

To book a table
please visit

www.stablau.com

FOR ALLERGEN ADVICE
please ask your server for our
comprehensive ingredient listings