



DAY MENU

SANDWICHES

Made with local TanDderwen Bakery bread

Chicken, bacon and tomato mayonnaise



Contains: cereals (gluten), eggs, dairy, mustard, soya, sulphur dioxide

Egg mayonnaise



Contains: cereals (gluten), eggs, dairy, mustard, soya, sulphur dioxide

Home cooked ham, Welsh cheddar and pickle



Contains: cereals (gluten), dairy, mustard, soya, sulphur dioxide

Tuna mayonnaise with balsamic leaf salad



Contains: cereals (gluten), eggs, fish, dairy, mustard, soya, sulphur dioxide

Poached salmon with lemon mayonnaise



Contains: cereals (gluten), eggs, fish, dairy, mustard, soya, sulphur dioxide

Turkey breast, sage and onion



Contains: celery, cereals (gluten), eggs, dairy, mustard, soya, sulphur dioxide

TOASTED PANINIS & Bloomers

Made with local Tan Lan bakery bread

(salad leaf garnish)



Contains: eggs, dairy, mustard, soya, sulphur dioxide

Welsh Rarebit Bloomer



Contains: cereals (gluten), eggs, dairy, mustard, soya, sulphur dioxide

Tuna Mayonnaise and cheese melt



Contains: cereals (gluten), eggs, fish, dairy, mustard, soya, sulphur dioxide

Chicken, mozzarella and pesto panini



Contains: celery, cereals (gluten), dairy, mustard, nuts, soya, sulphur dioxide

SALAD BOX

Full salad with pasta and coleslaw with choice of Turkey, Ham, Cheese, Tuna or Salmon (cold)



Contains: celery, cereals (gluten), eggs, fish, dairy, mustard, soya, sulphur dioxide



ALLERGEN MENU

JACKET POTATOES

Melted Welsh Cheddar



Contains: dairy, soya, sulphur dioxide

Tuna Mayonnaise



Contains: eggs, fish, dairy, mustard, soya, sulphur dioxide

Welsh Beef Chilli Con Carne



Contains: celery, cereals (gluten), soya, sulphur dioxide

☆☆ PIZZA ☆☆

Made from our own hand rolled pizza dough

Margherita Classic cheese & tomato pizza



Contains: cereals (gluten), dairy, soya

Welsh Farmhouse Home cooked ham & mushroom



Contains: cereals (gluten), dairy, soya, sulphur dioxide

Hawaiian Ham, cheese & pineapple



Contains: cereals (gluten), dairy, soya, sulphur dioxide

American Hot Pepperoni & jalapeño peppers



Contains: cereals (gluten), dairy, sesame seeds, soya



Y STABLAU BURGERS

All meat from local herds and flocks, exclusively supplied by O.E. Metcalfe, Llanrwst. All burgers served in local bakery brioche rolls, with salad leaves, relish, coleslaw and chips.



8oz Welsh Beef Burger



Contains: celery, cereals (gluten), mustard, soya, sulphur dioxide

8oz Lamb Burger



Contains: celery, cereals (gluten), dairy, mustard, soya, sulphur dioxide

Hot Chicken Burger

Chargrilled Chicken Breast & Bacon



Contains: cereals (gluten), mustard, soya

Welsh Dragon Burger

Chilli spiced beef burger with jalapeños



Contains: celery, cereals (gluten), mustard, soya, sulphur dioxide

The Welsh Burger

8oz Beef Burger Rarebit Topping



Contains: celery, cereals (gluten), eggs, dairy, mustard, soya, sulphur dioxide

The Snowdon Burger

16oz of prime Welsh beef smothered with layers of Welsh rarebit



Contains: celery, cereals (gluten), eggs, dairy, mustard, soya, sulphur dioxide

ORIENTAL

Sticky Chilli Fillet Steak,

Pak choi and sesame seeds, steam rice



Contains: cereals (gluten), sesame seeds, soya, sulphur dioxide

Grilled Salmon Fillet

with Asian style noodles



Contains: cereals (gluten), eggs, fish, sesame seeds, soya, sulphur dioxide

Please see reverse for key of food allergens.



CLASSICS

Chicken and Smoked Bacon Penne Pasta
Onions, mushrooms and white wine cream sauce



Contains: celery, cereals (gluten), eggs, dairy, soya, sulphur dioxide

Homemade Beef Lasagne
Mixed leaf salad garnish



Contains: cereals (gluten), eggs, dairy, mustard, soya, sulphur dioxide

Half Roast Chicken
Chips, gravy, grilled tomato and mushroom garnish



Contains: cereals (gluten), soya, sulphur dioxide

Homemade Chilli Con Carne
With basmati rice



Contains: celery, cereals (gluten), mustard, soya, sulphur dioxide

WOK COOKED CURRIES

WITH EITHER STEAMED RICE, CHIPS OR HALF & HALF UNLESS STATED

Tikka masala chillies, tomato, turmeric,
paprika, cumin, coriander, yoghurt



Contains: dairy, mustard, soya, sulphur dioxide

Green Thai green chillies, lemongrass, galangal,
coriander, coconut milk, Thai fish sauce



Contains: fish, dairy, soya, sulphur dioxide

Chicken - King Prawn
Mixed Vegetable



VEGGIE

Chickpea, Spinach and Tomato Curry *with rice (Vegan)*



Contains: celery, cereals (gluten), soya, sulphur dioxide

Mushroom and Vegetable Stroganoff *with basmati rice*



Contains: celery, cereals (gluten), dairy, mustard, soya, sulphur dioxide

FISH

Y Stablau Welsh Beer Battered Fish
Chips, tartare sauce and mushy peas



Contains: cereals (gluten), eggs, fish, mustard, soya, sulphur dioxide

Wholetail Scampi in a Basket
Chips, mixed leaf salad and Marie Rose sauce



Contains: cereals (gluten), crustaceans, eggs, fish, dairy, soya, sulphur dioxide

SALADS & PLATTERS

(v) Superfood Salad
*Quinoa, beetroot, roast pepper and chickpeas
with mixed salad leaves and grapes*



Contains: cereals (gluten), mustard, soya, sulphur dioxide

With added Salmon or Chicken



Contains: cereals (gluten), fish, mustard, soya, sulphur dioxide

Welsh Cheese Ploughmans Salad
Half pork pie and bread



Contains: celery, cereals (gluten), eggs, dairy, mustard, nuts, soya, sulphur dioxide



SIDES

Toasted Garlic Ciabatta
With melted cheese



Contains: cereals (gluten), dairy, soya

Battered Onion Rings



Contains: cereals (gluten), soya, sulphur dioxide

Chips



Contains: gluten, soya

Cheesy Chips



Contains: gluten, dairy, soya

Sweet Potato Skinny Fries



Contains: soya

Side Salad



Contains: eggs, dairy, mustard, soya, sulphur dioxide

Homemade Coleslaw



Contains: eggs, dairy, mustard

Naan Bread



Contains: cereals (gluten), dairy

Nachos
*with melted cheese,
jalapeños, salsa and soured
cream dip*



Contains: dairy, sulphur dioxide



CHILDREN'S MENU

Homemade Cheese and
Tomato Pizza Slice
with Chips



Contains: cereals (gluten), dairy, soya

Battered Chicken Breast
Pieces with Chips and Peas



Contains: cereals (gluten), soya

Sausage, Chips & Gravy



Contains: celery, cereals (gluten), eggs, dairy, mustard, soya, sulphur dioxide

Chicken Tikka *with Rice*



Contains: dairy, mustard, soya, sulphur dioxide

Cold Ham
with New Potatoes and Peas

Fish Fingers
with Chips & Peas



Contains: cereals (gluten), eggs, fish, dairy, soya, sulphur dioxide

Cheese Omelette



Contains: eggs, dairy, soya

Ham and Cheese Penne Pasta



Contains: cereals (gluten), eggs, dairy, soya, sulphur dioxide



CELERY GLUTEN CRUSTACEANS EGGS FISH LUPIN DAIRY MOLLUSCS MUSTARD NUTS SESAME SOYA SULPHUR DIOXIDE PEANUTS