



DAY MENU

AVAILABLE BETWEEN 12 & 5PM

SANDWICHES

On white or granary made with local Tan Lan bakery bread
(salad leaf garnish and 'Stablaau' coleslaw)

Home Cooked Ham, Welsh Cheddar and Chutney **£7.00**

Peppered Pastrami with Gherkin and Mustard Mayonnaise **£7.00**

Tuna Mayonnaise with Cucumber **£6.75**

Egg Mayonnaise **£6.50**

Hummus and Caramelised red onions (Vegetarian) **£6.50**

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HOT BREADS

Chicken, Mozzarella, Tomato & Pesto Panini **£8.95**

Tuna Mayonnaise and Cheese Melt **£8.25**

Cajun Roasted Vegetable and

Mozzarella Panini (Vegetarian) **£8.25**

Welsh Rarebit **£7.50** add Bacon **£1.00**

Sauteed Fillet Steak Strip and Caramelised Onion Ciabatta **£11.95**

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JACKET POTATOES

Melted Welsh Cheddar **£7.25**

Tuna Mayonnaise **£7.50**

Welsh Beef Chilli Con Carne **£8.25**

☆☆ PIZZA ☆☆

MADE FROM OUR OWN HAND ROLLED PIZZA DOUGH

	(9")	(12")
Margherita Cheese & tomato	£9.95	£11.95
American Hot Pepperoni & jalapeño	£10.50	£12.50
Farmhouse Ham & mushroom	£10.50	£12.50
Cajun (Vegan) Roasted cajun vegetables & mozzarella	£10.75	£12.75
BBQ Meat Feast Chicken, bacon, pulled pork, pastrami, BBQ sauce	£12.95	£14.95

Additional Toppings choose from:

Cajun roast veg, mushrooms, onions, jalapeños	£1.25	£1.50
Ham, pepperoni, chicken, bacon	£1.50	£1.75
BBQ pulled pork	£1.50	£2.50



Y STABLAU BURGERS

ALL FROM LOCAL HERDS AND FLOCKS, EXCLUSIVELY SUPPLIED BY O.E METCALFE,
LLANRWST AND SERVED IN TAN LAN BAKERY BRIOCHE BUN, BABY GEM
LETTUCE, FRESH TOMATO, 'STABLAU' COLESLAW AND CHIPS.

8oz Welsh Beef **£13.95**

Yr Wyddfa - The Snowdon **£19.95**

16oz of prime Welsh beef smothered with layers of Welsh rarebit

"Y PYG" **£14.95**

Welsh pork pattie and smoked bacon jam

Chicken Burger **£14.95**

Griddled chicken breast, tomato salsa, chipotle mayonnaise

"Y Draig" - Welsh Dragon **£14.95**

Spiced Welsh beef pattie topped with Snowdonia

Red Dragon cheddar & jalapeños

Three Peaks **£24.95**

3 Welsh beef patties topped with Welsh Rarebit,
streaky bacon & onion rings

Stablaau 'Baa' Burger **£14.95**

Welsh lamb pattie topped with mint tzatziki

Cajun Roast Vegetable & Halloumi Burger (v) **£13.95**

add onions **£1.00** bacon, cheese and hash brown **£1.50** each

NEW FOR 2022

Hunters Chicken **£14.95**

Chicken breast topped with bacon, bbq sauce and cheddar
served with chips & coleslaw

1/2 Rack Sticky BBQ Pork Ribs **£16.95**

Served with corn on the cob, chips, and Stablaau coleslaw

10-Hour Slow Cooked Sticky Short Rib **£21.95**

Corn on the cob, chips, and Stablaau coleslaw

FOOD ALLERGIES & INTOLERANCES:

Before ordering drinks or food, please speak with a member of our staff about your requirements. All dishes are prepared in areas where allergens are present. Therefore, there is a risk that ingredients used in your meal may have accidentally come into contact with an undeclared allergen, leading to cross contamination. Cooking equipment (e.g. fryers, grills etc) and food preparation areas may be shared and fried items containing different allergens may be cooked in the same frying oil.

Please scan QR code for full allergen & ingredient information.





STABLAU CLASSICS

Chicken and Welsh Smoked Bacon Penne Pasta **£12.95**
garlic, onions, mushrooms and white wine cream

TJ Parry-Jones Trefriw - Steak Pie **£12.95**
with chips and peas

Welsh Beef Lasagne **£12.95**
mixed leaf salad garnish

Chilli Con Carne **£11.95**
with either basmati rice, chips, or half and half

Piri Piri Marinated Half Chicken **£13.25**
with chips and chipotle mayonnaise

Sticky Chilli Fillet Steak **£15.95**
Pak choi, sesame seeds and steamed rice

Wok Cooked Tikka Masala - served mild, medium or hot
Chicken **£13.95** King Prawn **£14.95** Vegetable **£11.95**

Welsh Beer Battered Fish **£14.95**
Chips, tartare sauce and mushy peas

Wholetail Scampi **£13.25**
in a basket with chips, mixed leaves, and Marie Rose sauce

Cajun Spiced Fillet of Salmon **£14.95**
sautéed seasonal vegetables and baby new potatoes

VEGGIE

Five Bean and Vegetable Chilli (Vegan) **£11.50**
with basmati rice

Chickpea, Spinach and Tomato Curry **£10.95**
with basmati rice

SALADS

Superfood Salad (Vegan) **£9.95**
*Quinoa, beetroot, chickpeas, roast pepper, pumpkin seeds,
mixed leaves and dressing*

add chicken, salmon or griddled halloumi **£14.50**

Chicken Caesar Salad **£14.95**
*Griddled chicken, gem lettuce, anchovies, croutons,
parmesan, caesar dressing*

SIDES

Garlic Ciabatta **£4.25**

Garlic Ciabatta Topped With Mozzarella **£4.95**

Battered Onion Rings **£3.75**

Single Chips **£3.25**

Double Sharing Chips **£6.00**

Breaded Halloumi Fries **£6.25**
with sweet chilli sauce

Sweet Potato Fries **£3.95**

Charred Corn on the Cob **£3.75**

Stables Dirty Fries **£6.25**
*Chips topped with mozzarella, jalapeños,
pepperoni, pepper, and sweet red onion*

Naan Bread **£2.75**

Poppadoms and Mango Chutney **£2.75**

OPEN 7 DAYS A WEEK
FOOD SERVED FROM MIDDAY



CHILDREN'S MENU

Battered Chicken Breast Pieces OR Quorn Nuggets **£5.50**
with chips & peas

Sausage **£5.95**
with chips & gravy

Chicken Tikka **£5.95**
with steamed rice

Margherita Slice Pizza
with chips & peas **£4.95**

DESSERTS

Individual Key Lime Pie **£6.95**
with vanilla pod ice cream

Caramel Belgian Waffle **£6.75**
sliced banana, toffee sauce, vanilla ice cream

Chilled New York Cheesecake **£6.75**
with mixed berry compote

Chocolate Fudge Brownie Sundae **£6.25**

Selection of Mixed Ice Creams **£5.95**

DRINKS

Americano **£2.95**

Cappuccino *single espresso, hot milk, foam* **£3.20**

Latte *hot milk, single shot of espresso* **£3.20**

Espresso *the classic Italian continental shot* **£2.70**

Pot of Tea **£2.50**

Pot of Earl Grey **£2.80**

Hot Chocolate with Cream **£3.50**

Deluxe Hot Chocolate
with mini mallow and chocolate flake **£3.95**

Flavoured Latte

choose caramel, vanilla or hazelnut **£3.95**

Add an extra shot of coffee **£2.00**

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