



DAY MENU

AVAILABLE BETWEEN 12 & 5PM

SANDWICHES

On local Tan Lan Bakery bread, choose white or granary
(salad leaf garnish and Stablaau coleslaw)

Home Cooked Ham, Welsh Cheddar and Chutney **£7.50**

Peppered Pastrami with Gherkin, Mustard Mayonnaise **£7.50**

Tuna Mayonnaise with Cucumber **£7.00**

Egg Mayonnaise **£6.75**

(v) Hummus and Caramelised Red Onions **£6.75**

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HOT BREADS

Chicken, Mozzarella, Tomato & Pesto Panini **£9.25**

Tuna Mayonnaise and Cheese Melt **£8.75**

(v) Cajun Roasted Vegetable and

Mozzarella Panini **£8.75**

Welsh Rarebit **£8.00** add Bacon **£1.25**

Sauteed Fillet Steak Strips and Caramelised Onion Ciabatta **£12.50**

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JACKET POTATOES

Melted Welsh Cheddar **£7.75**

Tuna Mayonnaise **£8.00**

Welsh Beef Chilli Con Carne **£8.95**

☆☆ PIZZA ☆☆

MADE FROM OUR OWN HAND ROLLED PIZZA DOUGH

	(9")	(12")
Margherita Cheese & tomato	£10.00	£12.00
American Hot Pepperoni & jalapeño	£11.50	£13.50
Farmhouse Ham & mushroom	£11.00	£13.00
(ve) Cajun Roasted cajun vegetables & vegan mozzarella	£11.00	£13.00
BBQ Meat Feast Chicken, bacon, pulled pork, pastrami, BBQ sauce	£13.25	£15.25

Additional Toppings choose from:

Cajun roast veg, mushrooms, onions, jalapeños	£1.50	£1.75
Ham, pepperoni, chicken, bacon	£1.75	£2.20
BBQ pulled pork	£1.75	£2.75



Y STABLAU BURGERS

ALL FROM LOCAL HERDS AND FLOCKS, EXCLUSIVELY SUPPLIED BY O.E METCALFE,
LLANRWST AND SERVED IN TAN LAN BAKERY BRIOCHE BUN, BABY GEM
LETTUCE, FRESH TOMATO, 'STABLAU' COLESLAW AND CHIPS.

The Classic - 8oz Welsh Beef **£14.95**

Yr Wyddfa - The Snowdon **£20.95**

16oz of prime Welsh beef smothered with layers of Welsh rarebit

Y PYG **£15.95**

Welsh pork pattie and smoked bacon jam

Chicken Burger **£15.95**

Griddled chicken breast, tomato salsa, chipotle mayonnaise

Y Draig **£15.95**

Spiced Welsh beef pattie topped with Snowdonia

Red Dragon Cheddar & jalapeños

Three Peaks **£25.95**

3 Welsh beef patties topped with Welsh Rarebit,
streaky bacon & onions

Stablaau Baa Burger **£15.95**

Welsh lamb pattie topped with mint tzatziki

(v) Cajun Roast Vegetable & Halloumi **£14.95**

add onions **£1.20** bacon & cheese **£1.75** each

NEW FOR 2022

Hunters Chicken **£15.95**

Chicken breast topped with bacon, bbq sauce and Cheddar
with chips & coleslaw

1/2 Rack Sticky BBQ Pork Ribs **£17.95**

corn on the cob, chips and Stablaau coleslaw

10-Hour Slow Cooked Sticky Short Rib **£22.95**

Corn on the cob, chips and Stablaau coleslaw

(v) = vegetarian (ve) = vegan

FOOD ALLERGIES & INTOLERANCES:

Before ordering drinks or food, please speak with a member of our staff about your requirements. All dishes are prepared in areas where allergens are present Therefore, there is a risk that ingredients used in your meal may have accidentally come into contact with an undeclared allergen, leading to cross contamination. Cooking equipment (e.g. fryers, grills etc) and food preparation areas may be shared and fried items containing different allergens may be cooked in the same frying oil.

Please scan QR code for full allergen & ingredient information.





STABLAU CLASSICS

Chicken and Welsh Smoked Bacon Penne Pasta **£13.95**
garlic, onions, mushrooms and white wine cream

TJ Parry-Jones Trefriw Steak Pie **£12.95**
chips and peas

Welsh Beef Lasagne **£12.95**
mixed leaf salad garnish

Chilli Con Carne **£12.95**
with either basmati, chips, or half and half

Piri Piri Marinated Half Chicken **£14.50**
with chips and chipotle mayonnaise

Sticky Chilli Fillet Steak **£16.50**
pak choi, sesame seeds and steamed rice

Wok Cooked Tikka Masala - served mild, medium or hot
Chicken **£13.95** King Prawn **£14.95** Vegetable **£12.95**

Welsh Beer Battered Fish **£15.50**
chips, tartare sauce and mushy peas

Wholetail Scampi **£13.50**
with chips, mixed leaves and Marie Rose sauce

Cajun Spiced Fillet of Salmon **£15.50**
sautéed seasonal vegetables and baby new potatoes

VEGGIE

(ve) Five Bean and Vegetable Chilli **£12.50**
with basmati

Chickpea, Spinach and Tomato Curry **£11.95**
with basmati

SALADS

(ve) Superfood Salad **£10.50**
*quinoa, beetroot, chickpeas, roast pepper, pumpkin seeds,
mixed leaves and dressing*

add chicken, salmon or griddled halloumi **£15.00**

Chicken Caesar Salad **£14.95**
*griddled chicken, gem lettuce, anchovies, croutons,
parmesan, Caesar dressing*

SIDES

Garlic Ciabatta **£4.25**

Garlic Ciabatta topped with Mozzarella **£4.95**

Battered Onion Rings **£3.75**

Single Chips **£3.25**

Double Sharing Chips **£6.00**

Breaded Halloumi Fries **£6.25**
with sweet chilli sauce

Sweet Potato Fries **£3.95**

Charred Corn on the Cob **£3.75**

Stabla Dirty Fries **£6.25**
*topped with mozzarella, jalapeños,
pepperoni, pepper and sweet red onion*

Naan Bread **£2.75**

Poppadoms and Mango Chutney **£2.75**

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OPEN 7 DAYS A WEEK
FOOD SERVED FROM MIDDAY



CHILDREN'S MENU

Battered Chicken Breast Pieces OR Quorn Nuggets **£6.95**
with chips & peas

Sausage **£6.95**
with chips & gravy

Chicken Tikka **£6.95**
with steamed rice

Margherita Slice Pizza
with chips & peas **£6.50**

DESSERTS

Individual Key Lime Pie **£7.25**
with vanilla pod ice cream

Caramel Belgian Waffle **£7.00**
sliced banana, toffee sauce, vanilla ice cream

Chilled New York Cheesecake **£7.00**
with mixed berry compote

Chocolate Fudge Brownie Sundae **£6.75**

Selection of Mixed Ice Creams **£6.00**

DRINKS

Americano **£3.00**

Cappuccino *single espresso, hot milk, foam* **£3.50**

Latte *hot milk, single shot of espresso* **£3.50**

Espresso *the classic Italian continental shot* **£2.90**

Pot of Tea **£2.60**

Pot of Earl Grey **£2.90**

Hot Chocolate with Cream **£3.70**

Deluxe Hot Chocolate
with mini mallow and chocolate flake **£4.10**

Flavoured Latte
choose caramel, vanilla or hazelnut **£4.10**

Add an extra shot of coffee **£2.00**

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