

DAY MENU

Only available between 12 & 5pm

SANDWICHES

On local Tan Lan Bakery bread, choose white or granary.
Served with salad leaf garnish and Stablau coleslaw.

Ham, Cheese & Chutney	£8.75
Egg Mayonnaise (V)	£7.75
Cheese & Pickle (V)	£8.25
Tuna & Sweetcorn Mayonnaise	£8.25
Cod Goujon & Tartare Sauce	£9.00

JACKET POTATOES

Served with salad leaf garnish and Stablau coleslaw.

Melted Welsh Cheddar	£9.00	add beans	£10.00
Tuna Mayonnaise	£9.50		
Welsh Beef Chilli Con Carne	£10.50		
Creamy Garlic Mushrooms (V)	£9.25		
Chicken Curry	£9.50		
Welsh Rarebit	£9.50	add bacon	£11.00
Smoked Salmon, Soft Cheese,	£10.00		
Chive and Cracked Black Pepper			
Y Stablau Dirty Spud	£10.00		
Chicken, pepperoni, onion, peppers, cheese & jalapeños, chipotle sauce, crispy onions			

HOT BREADS

Tuna Mayonnaise and	£9.75
Cheese Melt Toasted Ciabatta	
Roasted Red Pepper, Caramelised Red Onion	£10.00
& Vegan Mozzarella on Toasted Ciabatta (Ve)	
Ham, Cheese & Tomato Toasted Ciabatta	£10.00
Fillet Steak Strip Ciabatta, Caramelised Red Onion	£12.00
Welsh Rarebit	£9.50
add bacon	£10.75



Y STABLAU BURGERS

From local herds and flocks, exclusively supplied by
O.E. Metcalfe of Llanrwst, served in Tan Lan Bakery
brioche bun with baby gem lettuce, fresh tomato,
Stablau coleslaw and chips.

The Classic – 8oz Welsh Beef	£16.50
Yr Wyddfa – The Snowdon	£24.50
16oz prime Welsh beef smothered with layers of Welsh rarebit	
Y Draig (Dragon)	£17.00
spiced Welsh beef pattie topped with Snowdonia red dragon Cheddar, jalapeños	
Three Peaks	£30.00
3 Welsh beef patties topped with Welsh rarebit, streaky bacon and onions	
Y Iâr (Chicken)	£17.00
crispy buttermilk marinated chicken strips tomato salsa, chipotle mayonnaise	
Baa Burger	£17.00
Welsh lamb burger with tzatziki	
Sweet Potato and Beetroot Falafel & Hummus (V)	£15.50
add onions £1.25 add bacon £1.50 add cheese £2.00	

FROM OUR SOLID CHROMIUM GRILL

Spiced Bratwurst Sausage	£16.95
in a bun, crispy onions, chips, mustard mayo and ketchup	
10oz Gammon Steak	£16.75
with charred pineapple, flat mushroom, corn on the cob, chips, peas	
add an egg	£1.50

SAUCES AND DIPS

Peppercorn	£3.00
BBQ Sauce, Garlic Mayo, Sweet Chilli,	
Chipotle Mayonnaise, Mango Chutney	all £1.00

FOOD ALLERGIES & INTOLERANCES:

Before ordering drinks or food, please speak with a member
of our staff about your requirements. All dishes are prepared
in areas where allergens are present Therefore, there is a
risk that ingredients used in your meal may have accidentally
come into contact with an undeclared allergen, leading to cross contamination.



CHEFS RECOMMENDATIONS

Hunters Chicken	£17.50
chicken breast topped with bacon, BBQ sauce, Cheddar cheese, chips and Stablau coleslaw	
Y Stablau Steak & Ale Pie	£16.50
chips & peas	
Fillet of Salmon	£18.00
stir fried vegetables, egg noodles, sesame & teriyaki sauce	

SIDES

Garlic Ciabatta	£4.50
Garlic Ciabatta topped with mozzarella	£5.50
Battered Onion Rings	£4.25
Single Chips	£3.50
Double Sharing Chips	£6.00
Charred Corn on the Cob	£3.75
Naan Bread	£3.25
House Mixed Salad	£4.00
Poppadoms and Mango Chutney	£2.75

PIZZA

Made with our own hand rolled pizza dough	(12")
Margherita	£13.50
cheese & tomato	
American Hot	£15.25
pepperoni & jalapeños	
Roasted Red Pepper (Ve)	£14.95
roasted red pepper, caramelised onion & vegan mozzarella	
Spicy Meat Feast	£16.95
chicken, spicy beef, bacon and chorizo	
Goats Cheese & Basil Pesto (V)	£15.95
red onion, drizzled with herb oil	
Farmhouse	£15.25
ham and mushroom	
Additional toppings – choose from:	
Mushrooms, onions, jalapeños	£2.00
Ham, pepperoni, chicken, bacon	£3.00

Cooking equipment (e.g. fryers, grills etc.) and food preparation areas may
be shared and fried items containing different allergens may be cooked
in the same frying oil. Please scan QR code for full allergen & ingredient
information. (V) = Vegetarian & (Ve) = Vegan.

STABLAU CLASSICS

Sticky Chilli Fillet Steak Strips pak choi, sesame, basmati rice	£18.50
Welsh Beef Lasagne mixed leaf salad garnish	£14.50
Chilli Con Carne with basmati, chips or half and half	£14.50
Seasoned Half Roast Chicken salad, chips, chipotle mayonnaise	£16.50
Sautéed Chicken Chow Mein pak choi, stir fried vegetables, egg noodles & sesame	£14.95
Chicken and Welsh Smoked Bacon Penne Pasta garlic, onions, mushrooms and white wine cream	£14.75
Wok Cooked Tikka Masala – choose mild, medium or hot – Chicken £14.95 King Prawn £15.95 Vegetable £13.95	
Barbecue Pork Ribs chips, coleslaw & corn on the cob	£18.95
Welsh Beer Battered Fish chips, tartare sauce and mushy peas	£16.50
Wholetail Scampi chips, mixed leaves and Marie Rose sauce	£14.50
Superfood Salmon Salad Mediterranean vegetable cous cous, red pepper, pumpkin seeds, mixed leaves & dressing	£17.00
Chicken Caesar Salad Gem lettuce, anchovies & croutons	£16.00

VEGGIE

Five Bean and Vegetable Chilli with basmati (Ve)	£14.50
Chickpea, Spinach and Tomato Curry with basmati	£13.95
Teriyaki Fried Vegetables egg noodles and sesame seeds	£14.25
Sweet Potato & Beetroot Falafel	£16.00
Superfood Salad Mediterranean vegetable cous cous, red pepper, pumpkin seeds, mixed leaves & dressing	

Also see our burger and pizza section

AFTERNOON TEA (Served 12 – 5pm)

Homemade Scone, Jam and Clotted Cream	£4.75
Y Stablau All Butter Flapjack	£3.25
Award Winning Locally Made Bara Brith	£3.25
Welsh Cakes	£2.75

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OUR FOOD & DRINK STORY

Passionate & committed to showcasing local food makers & producers – our menu is designed to cut down on food miles and support the local economy.

Here's just a few of the award winning companies you'll see on our menus.

**WILD HORSE
BREWING CO**



**OE METCALFE
BUTCHERS**



**CEFN OCHR
ISA FARM**



MUSIC NIGHTS

From Welsh Choirs to Moody Blues
and Celtic Folk – we've got your vibe.

SHOWTIME EVENTS

From 'Mama Mia were 50' to the
Amazing Bavarian Stompers –
Our one off events create memories to talk about,
sing about and toe-tap about for months!

Want to join us?
Check out our music listings event pages
www.ystablau.com

Stables Lodge

Somewhere to stay?
try www.stableslodge.net

**NEED MORE?
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**FOOD
MENU**